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**EAST CENTRAL REGION, ACPE**

**INDIANA, KENTUCKY, MICHIGAN, OHIO  
& PITTSBURGH, PA.**

[www.ecr-acpe.org](http://www.ecr-acpe.org)

December 2002  
**FRANKLY SPEAKING**

***Why Do You Do This?***

Sometimes I have a day that has the effect of reconfirming for me the significance of what we do as providers of pastoral care, and the education that supports pastoral care. Not long ago, I had one of those days. It went something like this:

I wandered into the "library," a room in our department that not only houses books and study materials, but also serves as a sort of casual meeting place and lunch room. Several members of the staff were seated around the table discussing the world situation, centering on the potential for war in the Middle East again. It was a depressing discussion, with head shaking and concern over the policies and moral/ethical climate in our nation at present. The conversation moved naturally toward global catastrophe, with the proliferation of weapons of mass destruction and the availability of these to persons and nations who appear to be not very committed to the common welfare of humanity. I felt pretty gloomy.

I left the room and headed out into the hospital to make a few pastoral contacts. It was my day to cover the emergency room, so I went down there to touch base and get a feel for how things were going, even though there had been no specific requests for pastoral care. While there, I was approached by one of the employees who wanted to talk. Janet is a social worker. She had just learned of the death of a "street person" whom she had come to know over several years. He was a nice man who had experienced a lot of bad things, and wound up on the street. He came to our emergency room for his medical care, and Janet had developed a caring affection for him. This morning she had learned that he had been found in a portable toilet in a parking lot downtown, having apparently died a couple days before being found. Janet's eyes became moist as she thought of him dying alone and cold. She expressed the desire to find a way to tell his family that there were people who knew him and cared about him. I comforted Janet in her pain and her sense of helplessness over the way his life ended.

Leaving the emergency room, I went up to the fifth floor where a friend of mine, a former CPE student was hospitalized for a chronic condition. She had hoped to go home in a day or two, and I wanted to see how that was proceeding. When I got to her room, Melissa informed me that they had discovered a generalized infection that was present in her body, threatening the shunt from her head to her abdomen. This condition made it clear, Melissa was not going anywhere soon. Very discouraging, considering that she had been here for several months already. She was in need of some good listening and sensitive pastoral responses. We spent the next twenty minutes or so, in that endeavor.

As I returned to the fifth floor elevator, I passed through a crowd of people gathered around the Patient-Visitor Representative's desk and up and down the hall. There must have been thirty of them, weeping and looking disoriented. I knew from our morning report what this was about: A young woman had blown an aneurysm in her head during childbirth yesterday. The baby was fine, but the young mother was dying. I looked at Wendi, the young Patient-Visitor Representative as I approached her desk. She was obviously upset and struggling with her own emotions, between the large crowd of grieving relatives and her own emotions about the death of this mother who was roughly her own age. I put my hand on hers and smiled gently, "Rough day," was all I said. Eyes brimming, she simply responded with a nod. Another Chaplain was working with the family—I went on.

I returned to my office, aware that the gloomy feelings with which I had started out were gone. I felt a deep satisfaction. Why would this be? I had gone from the depressing discussion in the library to three painful experiences out in the hospital, yet I returned feeling better, not worse. I believe the answer is something like this: When we contemplate pain and tragedy in the abstract, with no way to engage it, we may feel depressed and hopeless; but when we encounter pain and suffering in specific situations where we can enter into the experience with those who are suffering, interacting with them in a supportive way, we, along with them, are lifted up by the experience.

Like all of us in this profession, I have been asked many times, "How do you stand dealing with all that pain all of the time?" My response is simply that there is profound satisfaction in being where I can bring some measure of support and comfort to those in distress. It is hard work and often painful, but it is fulfilling beyond any other work I have done. Doing this work and preparing others to do such work in churches, communities, hospitals and at other points of need is a calling worthy of our best efforts and rewarding beyond our expectations.

Collegially,  
Frank

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**Certification News:** Mike Saxton and Mary Burks-Price are beginning their roles as co-chairs for the Regional Certification Committee. Mary will be relating to the ACPE Certification Commission and Mike will be handling the two regional certification meetings. The Regional Certification committee will be meeting candidates on Thursday, February 20, at Hueston Woods State Park in College Corner, Ohio.

**MONDAY, JANUARY 6, 2003** - Deadline for declaration of intent to meet a committee. (This means your application form and required fee must be in the hands of Mike Saxton, the regional co-chair of Certification by this date.)

**MONDAY, JANUARY 20, 2003** - Having received a docket assigning you a Presenter and committee, your materials should be in their hands by this date.

To all those meeting committee for Candidacy and Extensions - please note that your training Supervisor is welcome to sit in as a silent observer of your committee process if both of you decide that would be helpful.

For those meeting a committee for Readiness, the training supervisor **MUST** be present for the committee process since this is a consultation process for both student and supervisor.

If you have questions or concerns, please feel free to contact me by e-mail [saxtonm@sjrmc.com](mailto:saxtonm@sjrmc.com) or by phone at 574-282-8904.

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**Accreditation Committee News: Annual Center Reports Due -January 15, 2003** - centers will be charged a \$50 late fee for reports postmarked after January 15. If you recall, the form was revised in 2001 and was sent to centers by the national office along with the 2002 standards and appeals manual. Kim Barnett is still chair of accreditation, however, John Peterson is coordinating the annual report process. John's address is: Pastoral Care Department, Lutheran Hospital of Indiana, 7950 W. Jefferson Blvd., Fort Wayne, IN. 46804 [jpeterson@lutheran-hosp.com]. All other accreditation questions concerns contact Kim Barnett at: 158 Leighton Lane, Akron, OH. 44319-4077; (330-644-2709] E-mail at [kimb@stowglen.com](mailto:kimb@stowglen.com)

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***Celebrations:***

**CONGRATULATIONS!** Donna Farrar has asked me to pass along to everyone that her adoptive son was born October 18 at 10:48 p. m. Donna was present for the birth. He weighed in at 7 pounds, 20 inches in length. His name is Palmer David Steele Chamberlain Starr Farrar.

**CONGRATULATIONS!** Hanci Newberry is now the Director of the Chaplaincy Services Department at Mount Carmel West Hospital in Columbus, Ohio. She worked as a CPE Supervisor within that department for 12 years and was promoted Sept. 23, 2002!

**Job Opportunities:**

- The Cleveland Clinic Foundation has **five positions for the 2003-2004 ACPE Residency**, and **six for the summer 2003 ACPE program**. Residency stipend is \$22,000- \$22,600. Apply by 02/28/03: The Rev. Patrick M. Persaud, Pastoral Care H19, The Cleveland Clinic Foundation, 9500 Euclid Avenue, Cleveland, OH. 44195. (216) 444-2518; FAX (216) 445-9678. Visit web site: [www.ccf.org](http://www.ccf.org) for information on the Cleveland Clinic Foundation.
- Kettering Medical Center has five positions available for a **nine-month (8/25/03-05/31/04) ACPE Residency program**. Stipend is \$15,000 plus generous benefits. Possible specializations are: Oncology, Mental Health, Cardiac Care, Spiritual/Medical Integration (a new specialty working closely with medical residents), End of Life, etc. One successfully completed unit of ACPE is required. Application fee is \$25. KMCN also offers **extended part time unit of CPE**, starting the third week in September. The summer ACPE program begins the second week in June 2003. Inquiries and application to: The Rev. Henry Uy, Kettering Medical Center Network, Department of Pastoral Services, 3535 Southern Blvd., Kettering, OH. 45429. (937) 395-8640; FAX (937) 395-8134. E-mail [Henry.Uy@KMCNetwork.Org](mailto:Henry.Uy@KMCNetwork.Org)

**Calendar of Events**

- **February 6-8, 2003** - Racial Ethnic Multicultural (REM) Invitational Conference, Birmingham, AL \*
- **February 21-22, 2003** - East Central Region, ACPE Annual Meeting - Hueston Woods, College Corner, OH.

\*ACPE Racial Ethnic Multicultural - REM Invitational

February 6-8, 2003

"PASSING THE MANTEL"

Sheraton Birmingham Hotel Convention Center, 2101 Richard Arrington Jr. Blvd. N., Birmingham, AL. 35203. Room rates are \$99 per night for singles or doubles. Contact: Chaplain Jacque Henderson, D. Min., The Ingalls Center of Pastoral Ministries, Baptist Princeton Hospital, 701 Princeton Avenue, SW, Birmingham, AL 35211-1139 (205-783-3113) E-Mail [Jacquelin.Henderson@bhsala.com](mailto:Jacquelin.Henderson@bhsala.com)

*HUESTON WOODS CONFERENCE INFORMATION WILL BE MAILED NO LATER THAN THE FIRST WEEK IN JANUARY.*

Information for the January newsletter must be received by December 27, 2002. Send to: Regional Business Office, 7672 Cottonwood Lane, Dexter, MI. 48130 Telephone: 1/800-336-5099; or E-mail [lykbyl@aol.com](mailto:lykbyl@aol.com)

**Supervisory Education in the Region**

**Supervisory Candidates**

Ruth Alpers

Carrie Culleen

Donald Harris

Jim Mitchell

Jon Paulus

Pat Shelden Ward

Tim Waits

**Officers of the Region**

*Frank Ciampa, Director*

Kim Barnett, Accreditation

Lin Barnett, Vice Chair

Urias Beverly, Nominations

Billie Beverly, REM

Alan Bowman, Board of Reps

Larry Brandon, Budget & Investment

Mary Burks-Price, Co-Chair Certification

Carl Buxo, Professional Ethics

Carol Green, Board of Reps

Earl Hoppert, Long Range Planning & Development

Robert Leas, History

BJ Myers-Bradley, Clinical Members

Kathy Nininger, Chair

Michael Saxton, Co-Chair Certification

Karl Van Harn, Standards

Cecilia Williams, Research

ECR/ACPE

7672 Cottonwood Lane

Dexter, MI. 48130

Evaluation

(The following is a summary of the 44 evaluations returned).

FRIDAY, February 22, 2002

1. Worship (Friday Morning): Excellent 10 Very Good 17 Good 4 No response 13

Comments: Truly appreciated learning more about Hebrew worship. Felt enriched by the worship.

Inclusive, warm, open, inviting worship.

I really felt inspired through the worship experience. The Rabbi presented/represented God well.

I appreciated Ruth's inclusivity of or sensitivity to other faiths as she led us in a Jewish meditation. She also explained various readings, prayer coverings, etc. All of this offered true worship and community!

Educative as well as worshipful -- being led by a Rabbi on a Jewish model, and very well done!

Appreciated the rich faith, prayers, & symbolism in the Jewish tradition.

Well Done!

2. Plenary Session: "An Uncommon Gathering: Process Education and Group Dynamics" Part I [Theoretical overview of how groups function & interaction of audience] The Rev. Joan Hemenway, D. Min.

Excellent 20 Very Good 14 Good 6 No response 4

Comments: I had recently read her book and thus was excited to interact with Hemenway. Joan's relaxed manner highlighted by her expertise in group dynamics and supervision gave a splendid foundation for the entire day.

Obviously rooted in a lot of study, consultation, reflection and personal practice.

Lots of good materials.

New content for me.

Joan's sessions gave great conversation starters - whether or not you agree with the theory.

Clear, prepared, knew CPE and her materials well.

N/A - Student felt session directed only at supervisors - wish there had been something for students.

Appreciated the content. Would have liked to know where she has grown since writing her book.

3. Plenary Session: "An Uncommon Gathering: Process Education and Group Dynamics" Part II [Joan's personal CPE Supervisory experiences and audience shared their supervisory experiences and approaches]

Excellent 19 Very Good 17 Good 6 No response 2

Comments: Her vignettes were great at nailing down a concept or approach to group interactions. Same as above (...rooted in a lot of study...)

Very informative.

We had a mixed group of people, including non-supervisors. Would have been helpful to divide among supervisors and non-supervisors.

I found the session informative and helpful.

Well done and presented.

Enjoyed hearing her personal examples.

Good dialogue - made us think outside the CPE box.

I was disappointed at the lack of participation of supervisors - i.e., no tapes provided.

I liked the fact that she wasn't rigid in applying the principles of Tavestock.

I was disappointed that none of the supervisors had shared videos.

4. Plenary Session: "An Uncommon Gathering: Process Education and Group Dynamics" Part III  
[small group experiences]  
Excellent 13 Very Good 15 Good 9 Fair 3 No response 4

Comments: Her interaction/dialogue with conference participants was informative and helpful to hear from each other. Breaking into small work groups was effective in hearing from a few what group experience had been.

Same as above (....rooted in a lot of study...)

She is a good speaker.

Liked the break out groups.

Good integration of content and practice!

Good reflection; Not as focused; Shared herself in helpful ways.

### SATURDAY, February 23, 2002

5. Worship  
Excellent 4 Very Good 17 Good 6 Fair 2 No response 15

Comments: Jim Mitchell, Carrie and Elaine Rhodes did an excellent job of allowing each participant a time to gather up what they had experienced during the conference. Being able to share that in small groups was significant.

Invited participation - could have been closed better.

Would have appreciated a more structured worship. More specific direction to the groups could have helped.

6. National Issues Panel  
Excellent 2 Very Good 20 Good 13 No response 9

Comments: Great job!

Always informative-especially good do have Jim Gibbons with us.

Enjoyed Jim's discussion.

Good to hear what's behind the words.

Informative - as always. Good to have Jim Gibbons present.

I got a strong sense of strength and vitality of the ECR.

7. Business Meeting  
Excellent 5 Very Good 15 Good 13 Fair 3 No response 8

Comments: Short, humorous

Ted led well and it seemed business was taken care of in a timely fashion.

Stayed on topic; good discussion; finished on time.

Brief and to the point!

8. Meals:  
A. Friday breakfast:  
Excellent 11 Very Good 21 Good 3 Fair 1 No response 8

Comments: None

- B. Friday Lunch:  
Excellent 11 Very Good 22 Good 6 Fair 2 No response 3

Comments: None

- C. Friday Banquet:  
 Excellent 16 Very Good 19 Good 3 Fair 2 No response 4

Comments: Much better!  
 Excellent-especially the music during "happy hour: - fantastic talent! Sets the mood for fun and fellowship.  
 Became ill from Friday night banquet.

- D. Saturday Breakfast:  
 Excellent 13 Very Good 20 Good 5 Fair 2 No response 4

Comments: None

9. General Comments:  
 The servers were tops!  
 Food excellent!!  
 I really appreciate bringing in a speaker to focus on a particular topic. Both this years and last years programs have been excellent.  
 Good Meeting!  
 Well-planned conference - thanks to the planners.  
 Always enjoy the Woods!  
 Overall, successful conference!  
 The retreat was restful.  
 I'm very glad I attended the conference.  
 The setting was good and affordable lodging.  
 Hueston Woods is great in every respect.  
 A very good conference. Job well done!  
 I enjoy Hueston Woods most especially for the collegiality. It's a great region and a great place to gather each year!  
 Very good spirit - as usual for ECR.  
 Food and food service improved since last year!  
 This was my first ECR/ACPE Conference. I found it a good experience in all respects: I thought the Fishbowl Experiences - and Joan's presenting were the best parts educationally. But I found the communal aspects to be important for me also. Thanks!  
 I found this to be one of the most useful conferences. I learned a lot.  
 I enjoyed the gathering. It was educational. It was nice to meet other folks engaged in chaplaincy education.  
 Thanks to the region for helping with the expenses for the conference. It helps a lot- I appreciated the intentionality of leaders who recognized persons in our community who were retiring, passed a certification committee or needed prayer. We could do better in offering pastoral care publicly to persons not passing a committee. And there is no doubt that the reason this conference went so smoothly was due to Joan Lyke!  
 Good work.  
 J. Hemenway's friendly, collegial style contributed to a relaxed, meaningful conference.  
 An enriching experience. Thanks for inviting residents!  
 It's always so good to gather together.

10. Program Ideas for next February (i.e. themes, speakers, etc.)
1. A few speakers from REM.
  2. A Guideline on Chaplaincy, what is salary for this region- those with Masters, and without anything. What are the Standards for hospital Pastoral Care Department concerning Black employment?
  3. Conversation around multicultural, non-English speaking students and CPE.

4. Parker Palmer.
5. Someone from our own region.
6. The use of Narrative process in CPE.
7. Teaching Bio-ethics to CPE students.
8. The Care and feeding of CPE Supervisors.
9. Supervisor burn-out
10. When Faith falters
11. Creative programs
12. Focus on CPE as Theological Education.
13. Focus on writing Theory Papers.
14. Supervisory Panel discussing various supervisory perspectives or theories.
15. Supervising persons from diverse cultures!
16. Humor and Religious Experience.
17. Humor and Stress
18. Music and Spiritual Counseling - DJ. Joy Borger, Louisville Hospice
19. Supervision and the Arts (drama, music, movies, visual, etc.)
20. Can we keep up the quality of the past two years?! Enneagram and Group Dynamics  
leaders were from among our own. Hope we can find yet another for next year.
21. Supervising International students
22. Taking care of ourselves as Caregivers and Educators



The Art of Fishbowl Supervision (Thursday Evening)

(The following is a summary of the results of the 17 evaluations returned)

**Part I: Paper Presentations****Barbara Bullock:**

Excellent 2 Very Good 6 No response 9

Comments: None.

**Jim Mitchell:**

Very Good 6 Good 4 No response 7

Comments: *It would have been good to have more than to read the material.*

**Part 2: Fishbowl One**

Excellent 4 Very Good 6 Good 1 No response 6

Comments:

- *I wanted the one being consulted with to leave the room - or somehow stay supervising him through the others.*
- *Gutsy way of learning supervision.*
- *A very dynamic process. I learned from both fishbowls.*

**Dinner:**

Excellent 6 Very Good 4 Good 1 No Response 6

Comments:

- *Good food and entertainment.*

**Part 3: Fishbowl Two**

Excellent 5 Very Good 7 Good 2 No response 3

Comments:

- *A very dynamic process I learned from both fishbowls.*
- *Bravo to Barbara Bullock for her courage to be vulnerable with the SITs and her colleagues! I felt some of the men interacting with Stan M. and B. Bullock left a bit to be desired re: patriarchal language and taking on a parent role.*
- *I was somewhat disappointed with Barbara's part - seemed to lack focus and energy and she obviously didn't want to do it. Second half was ok although felt like some unspoken agendas kept process stifled.*

**Part 4: Joan Hemenway with Supervisory Candidates and SITs**

Excellent 5 Very Good 2 Good 1 No response 9

Comments: None.

**Program Ideas for next February (i.e. themes, speakers, etc.)**

1. What is a theory and how to develop them.
2. Emotional intelligence.
3. Spiritual/Medical Integration.
4. Sessions on Multi-cultural Issues
5. Supervisory process
6. Inclusive - more newer people
7. Maybe some speakers from REM
8. Group work for SITs
9. Some focus on CPE Theological Education

