

EAST CENTRAL REGION, ACPE

Indiana, Kentucky, Michigan, Ohio & Pittsburgh, PA.

www.eastcentralacpe.org

June 2009

RIDGES AND HOLLERS

D. Calvert Brand, Regional Director

It seems I often begin these articles with “We have just returned from _____” And here I go again. We spent the last week of May in Denver, CO attending our daughter’s graduation from medical school. It was a joy filled time of parental pride. As I was beginning my tenure as RD, she was receiving a rejection letter from the University of Colorado at Denver to her application. Less than a year later, having applied again, she was accepted.

As I don the hood of physician, I swear to fulfill to the best of my ability and judgment, this covenant:

-I will apply for the benefit of the sick, all measures, which are required, but above all I will strive to do no harm.

-I will educate my fellow humans so they may avoid illness, and whenever possible.

-I will prevent disease in the recognition that prevention is far better than cure.

-I will recognize the privilege and art of medicine, maintaining that warmth, sympathy and understanding may outweigh medicine’s scientific interventions.

-I will counsel my patients to the best of my ability, and apprise them of all medical options without imposing my own personal biases.

-I will avoid arrogance for it is dangerous, and I will avoid the temptation to believe that my opinion is always the right one.

-I will treat a patient only when I am qualified to do so. I will be quick to call upon my colleagues for advice, and I will be quick to render aid when asked.

-I will remember that death is not always the enemy but is a natural part of life.

-I will practice my profession with conscience and dignity.

-I will uphold ethical conduct with my profession. I will respect the sanctity of the patient-physician relationship, keeping those confidences entrusted to me.

-I will help teach my colleagues and future generations of physicians.

-I will remember that in addition to being a physician, I am also a member of society. I will speak out when silence is wrong. I will recognize that disease is not limited to the individual but afflicts all of humanity. I will fight ignorance and injustice as well as disease.

- I will be dedicated to medicine. I will be true to myself, my family and those close to me. I will celebrate this gift of life, as I help others.



It has been four challenging years of study and practice with great demands on her and her family. But they all pulled together and made it through. She will begin a three year residency at the University of Colorado later this month, then likely a two year fellowship as she becomes a pediatric psychiatrist. So, there is more road to travel, but this was a wonderful stopping point and we all enjoyed celebrating their achievement. In this picture, Dr. Liza Christine Brand-Gardner is shown with her mentor, Dr Zimbelman with whom she studied all four years and he was happy to “hood” her at the commencement.

I don’t know if I am just getting old and sentimental, but I was impressed when at the conclusion of the ceremony the new graduates joined in reciting, “The Physician’s Oath for the 21st Century.” I found myself wondering if our new ACPE Supervisors might not do well to seal their certification with a shared promise.

Summer CPE Days are being announced throughout the ECR. Some of them have room for additional participants. It is best to contact the sponsoring center or supervisor. In most cases there is a small fee. Here are three gatherings I know of so far:

- St. Vincent Health North: 10330 N. Meridian, Indianapolis, IN 46290 Thursday, July 9, 2009 from 8:30 AM-3:15 PM *Theme: Jung & Pastoral Care* : Payment (\$15.00/Person) Send payment to H. Joan Lyke, 7672 Cottonwood Lane, Dexter MI 48130 and email names to hjoanlyke@yahoo.com. For additional information, contact Rhonda Gilligan-Gillespie at (317) 338-9874 or email to ragillig@stvincent.org [*see Regional web-site for more information www.eastcentralacpe.org*]
- The Christ Hospital : 2139 Auburn Avenue, Cincinnati, Ohio. Wednesday, July 22, 2009 8:30 a.m. – 4:00 p.m. Subject: "*Finding Our Place: An Exercise in Cultural Competence for Pastoral Caregivers.*" Led by Rev. Adriana Cavina, D.Min., ACPE Supervisor. Inquiries to: Marla Coulter-McDonald: <marla.coulter-mcdonald@thechristhospital.com> or call 513-585-2266.
- Michigan/Ohio CPE Network are planning a CPE Day on Friday, July 31, 9:30 to 3:00 at Maumee Bay State Park just east of Toledo on Lake Erie. We do not have the major speaker for the morning session lined up yet. The afternoon is for fun starting with a pot-luck lunch shared by all the groups. There will be a fee per group to cover conference room rental and presenter's honorarium. davidckoch@earthlink.net

In case word has not come to your attention, I want to mention the death of Orin Newberry's mother on May 20 in Lynchburg, VA.. I know he would welcome your prayers, support and/or contact. [Riverside Methodist Hospital/Grant Medical Center, Pastoral Care Department, 3535 Olentangy River Rd., Columbus, OH. 43214-3998, E-mail: newbero@Ohiohealth.com

Some of you will recall learning that Bob McGeeney's fiancé had become quite ill around the time we gathered at Cayuga Falls for our Fall Conference nearly two years ago. It's been a long and difficult struggle, but good news reached me recently. Bob reports, "Marge's disease (Jo-1) is being managed by her medications. She is regaining strength and vitality. I too am recovering slowly from this ordeal." And he added another piece of good news: "We will be having a small family wedding on October 24, 2009. So continue to pray for us as we move in this direction in our life journey."

Finally, there are two more retirements to note. Gerald Niklas has retired from his position at TriHealth in Cincinnati. Frank Nation, an ACPE candidate is filling that position. And Wade Rowatt has retired from his position in Louisville. He expects to remain involved, but will no longer be directing the program at St. Matthews Pastoral Counseling Center. That responsibility will now be taken on by Walter Jackson.

I am continuing to fill out paper work with my church and ACPE in hopes of serving as a training supervisor for four months in Kenya beginning next January. In the meantime, we are beginning to enjoy some produce from the garden and I made a commitment to get on the golf course at least once a week. *Peace, Cal Brand ☺*

<p style="text-align: center;">ACCREDITATION NEWS, NOTES AND – DEADLINES FOR 10-YEAR REVIEWS, SITE VISITS, ETC.</p>
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Accreditation Deadlines: For 10 year reviews and any other Accreditation Site Visit requests (e.g., Satellite to Accredited Center) contact Ruth Alpers for deadline information.

- Reminder: Satellite Materials (see pages 32-34 in the Accreditation Manual) need to be in at least 30 days before beginning a program at the Satellite center and that a provisional letter must be received from the Accreditation Chair prior to recruiting students.

Direct your questions and/or requests for more information to: Accreditation Chairperson: Rabbi Ruth Alpers, Jay Stein Director of Human Relations, Hebrew Union College, 3101 Clifton Avenue, Cincinnati, OH. 45220-2475. <ralpers@huc.edu>

CERTIFICATION COMMITTEE DEADLINES

The next opportunity to meet the ECR Certification Committee will be Thursday, September 10, 2009 at the fall Regional meeting in Louisville, KY. 2009 ECR fall conference, Louisville, KY.

- Application to meet a committee, along with the Certification fee must be **postmarked by Tuesday, July 28, 2009** to: Frank S. Impiciche, ACPE Supervisor, Coordinator CPE Clarian Health, 550 University Blvd., UH 1410, Indianapolis, IN 46202-5250. (Ph: 317-274-7415; Fax 317-274-7440)
- Materials to committee members must be **postmarked by Friday, August 21, 2009**.

Questions regarding regional Certification to: Frank Impiciche, fimpicci@clarian.org (Office 317-274-7415) (Fax 317-274-7440)

Questions/inquiries regarding the National Certification Commission to: Beth Newton Watson, Certification Co-Chair 317-217-3192; bwatson@clarian.org;

JOB/EDUCATIONAL OPPORTUNITIES

There were no job announcements or CPE Programs reported for this issue of the newsletter. Announcements can also be sent for posting on the Regional Website to: John@eastcentralacpe.org

Ideal Intervention Project e-Newsletter

Volume 2, Number 5

May 28, 2009
John J. Gleason, Editor

Preliminary Report from the Spiritual Care (SC) Informal Opinion Survey

The "Spiritual Care as an Authentic Profession" informal opinion survey compares qualities of SC with 19 characteristics of a profession. The first 50 respondents, nearly all of whom are from within SC, have fully agreed that SC meets the professional requirement of intelligence and reflectiveness to make judgments and exercise discretion in moving from the familiar to what is different (100%). They have also fully agreed that SC training appropriately emphasizes experiential learning (100%). Those first 50 respondents agreed least often: that SC practitioners follow practices progressively refined and validated through systematic, cooperative verification procedures (12%), and that SC is typically regulated by statute (13%).

Where 100% represents full professional authenticity, they agreed in three broad categories as follows: Practitioners 83%, Accountability 65%, and Knowledge 55%.

Final results will become the basis for a strategy toward performance improvement that will both help patients/clients and assure the continuing presence of SC on the multidisciplinary team. If you did not complete the survey attached to the April e-Newsletter, save the attached survey Word document to a file, insert Xs for Agree or Disagree, and then forward as an e-mail attachment to mariejohn50@att.net. Thanks for your participation and your moral support.

Report on the Status of the Ideal Intervention Project Knowledge Base

Fr. Henry Heffernan SJ has been collecting, editing and "anonymizing" your Ideal Intervention Papers and Ideal Intervention Forms (Practitioners) since 2006. The total number of case studies is now approximately 90. While the Project continues to seek funding to employ a database designer/manager who will organize these case studies

by central issue identifier, they can be accessed at a temporary internet location for study and possible application in a current situation. See the Q & A section below for directions to that location.

Q & A

Q. Can you give me something to work with in my daily practice right now? A. Yes. Access IIP case studies for insights toward your own case work at <http://www.acperesearch.net/> and click on "Special Section: Ideal Intervention Paper (IIP) Project." Then click on HERE for "Sample IIPs."

To-Do List

CPE Supervisors, don't forget to remind your students to forward (after review in individual supervision) their *Ideal Intervention Papers* or *Ideal Intervention Forms* as Word document attachments to Fr. Henry Heffernan SJ at hheffernan@gonzaga.org for processing into the growing IIP knowledge base. Have students give you a copy of the cover e-mail message as documentation.

Chaplains, pastoral counselors and other SC practitioners, please forward your completed *Ideal Intervention Forms (Practitioners)* in like manner. Obtain forms from the e-mail address below.

Again, everyone who has not yet submitted a completed opinion survey should do so soon by downloading the attached document, saving it to a Word file, placing Xs in Agree or Disagree, and then forwarding as an e-mail attachment to the Editor at the address below. Your opinion is very important.

Please contact the Editor at mariejohn50@att.net with your requests, questions and comments.

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Spiritual Care as an Authentic Profession An Informal Opinion Survey April, 2009 (Reprinted in June Newsletter)

Instructions

Save this attachment to a Word file. Enter your responses on your file copy. Then send it as an e-mail attachment back to mariejohn50@att.net for compilation. After reading each of the following statements about characteristics of a profession with accompanying statements about Spiritual Care (SC), place an "X" at "Agree" or "Disagree". If not sure, make a forced choice. Enter additional statements with agreement or disagreement at item 20. SC is defined here as a specific, consciously applied discipline for holistic healing and educative attention to the spiritual and/or religious aspect of human experience, including cultural and emotional elements (Adapted from Stoddard, G., & Burns-Haley, J., 1990). SC is also defined here by its practitioners who are certified members of SC professional associations at work in health care (including hospice and mental health), corrections, counseling centers, academia, and the military. Specific characteristics are italicized. Statements are not precisely mutually exclusive. Sources are listed in the References section following the Survey.

A Profession's Practitioners

1. At its best a profession is made up of *reflective practitioners* of a body of expertise, those who use interactive techniques to more effectively attain desired outcomes (Ozar, 2004). Spiritual Care (SC) as defined above is also made up of such practitioners. Agree ___ Disagree ___
2. *Intelligence* and (again) *reflectiveness* are required of a professional practitioner in order to *make judgments* and *exercise discretion in moving from the familiar to what is different* (Gustafson, 1982). SC practitioners have these qualities. Agree ___ Disagree ___
3. These practitioners require *extensive training* based upon a *continuously developing knowledge base* (Bloom, 2004) composed of a *literature of growing solidity and variety* (Flexner, 1915). SC requires extensive training based on this literature. Agree ___ Disagree ___
4. Since mastery involves both knowledge and its application, that expertise requires *experiential* as well as cognitive learning (Bullock & Trombley, 1999). SC emphasizes experiential as well as cognitive training. Agree ___ Disagree ___
5. Professionals still tend to follow practices based on clinical experiences or theories whose effectiveness has not been progressively refined and validated through systematic, cooperative verification procedures (Garcia, 2007). SC practitioners do not have such *personal resistance*. Agree ___ Disagree ___

A Profession's Knowledge

6. A profession is characterized by *mastery of a body of technical knowledge* (Gustafson, 1982). A certified and experienced SC practitioner, educator or pastoral counselor has such mastery. Agree ___ Disagree ___
7. A profession's *body of technical knowledge* includes information, concepts and theories that support the "hard skills" of, say, curing or controlling disease vis-à-vis the "soft skills" of caring (deVries, Berlinger, & Cadge, 2008). SC has such a body of "hard skills" technical knowledge. Agree ___ Disagree ___
8. Professions have *some degree of monopoly rights*; that is, claims to the exclusive exercise of those "hard skills", such as surgery (Bullock & Trombley, (1999). SC practitioners can define and document certain "hard skills" for their exclusive use. Agree ___ Disagree ___
9. With advances in scientific discovery, medicine in particular gained professional status in terms of *the authority of knowledge with civil society's recognition of the social value of its practice of this knowledge* (Freidson, 2001). Clergy in general and SC practitioners in particular have made similar gains related to the authority of their particular knowledge. Agree ___ Disagree ___
10. Thus medicine is generally recognized as *applying its knowledge for the welfare of society* (Bloom, 2004). SC is also recognized in this way. Agree ___ Disagree ___
11. *Evidence-based (best) practices* integrate the best research evidence: with clinical experiences, with the most current and clinically relevant theory, and with patient/client values (Sexton, 2007). SC interventions are demonstrably integrated in this way. Agree ___ Disagree ___
12. Academic-style presentations continue to be the dominant form of professional continuing education, despite the demonstrated effectiveness of interactive techniques (Heffernan, 2009). SC continuing education does not involve such *programmatic resistance*. Agree ___ Disagree ___

A Profession's Accountability

13. A profession arises when an occupation transforms itself through the development of *formal qualifications* based upon *education and examinations* (Garcia, 2007). SC has such formal qualifications, education and examinations. Agree ___ Disagree ___
14. A profession must have some *institutional means of making sure that its competence will be put to socially responsible uses*, such as the application of medical science to the cure of disease (Parsons, 1968). SC has such institutional means in place. Agree ___ Disagree ___
15. Professions are typically *regulated by statute* (Bloom, 2005). SC is also typically regulated by statute. Agree ___ Disagree ___
16. In a profession the responsibilities of *enforcement of regulations are delegated to the professional bodies* (Heffernan, 2009). This is true for SC. Agree ___ Disagree ___
17. Professions have *regulatory bodies* with powers to admit and discipline members (Bullock & Trombley, 1999). This is the case for SC as well. Agree ___ Disagree ___
18. In cases where individuals are not required by law to be qualified by a professional body in order to practice, *most employers stipulate that the individual hold such qualifications* (Bullock & Trombley, 1999). So it is for SC. Agree ___ Disagree ___
19. The crisis in U.S. health care delivery will require drastic changes in the effected professions, with particular emphasis upon *accountability for meeting desired outcomes* based upon *evidence-based best practices* (Mowat, 2008). Such changes will be required for SC as well. Agree ___ Disagree ___
20. The following characteristic(s) of a profession that apply to SC have not been mentioned above, and need to be included here, with agreement or disagreement, as follows. (Enter here or insert additional pages.)

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Index:

- Ridges & Hollers Article – Page 1
- Accreditation/Certification Deadlines-Page 2
- Job Opportunities – Page 3
- Ideal Intervention Project Newsletter May 28, 2009 – Pages 3-6
- Calendar of Events – Page 6
- Officers of the Region – Page 6
- Reg Office /Web Manager contact information – Page 7
- Supervisory Education in the Region – Page 7

- **02/19-20/10**-East Central Region Spring Conference, Hueston Woods State Park, College Corner, OH

CALENDAR OF EVENTS

- **09/11-12/09**-East Central Region Conference, The Galt House Hotel, Louisville, KY
- **11/3-8/09**-ACPE Board, Committees & Commissions, Atlanta, GA.
- **02/04-06/10**-REM Invitational, San Antonio, TX

OFFICERS OF THE REGION

D. Calvert Brand, Director
 Karl Van Harn, Chair
 Judy Ragsdale, Chair Elect
 Ruth Alpers, Accreditation (beginning May 11)
 Marla Coulter-McDonald, Board of Reps
 Frank Impicicche, Certification Co-Chair [Regional] and Board of Reps
 Bob Uken, Treasurer, Budget & Investment
 Beth Newton Watson, Certification Co-Chair [National]
 Martha Amann, Clinical Members Co-Chair
 Stan Mullin, Clinical Members Co-Chair
 Lin Barnett, Nominations
 David Hurst, History
 Yoke Lye-Lim Kwong, Professional Ethics
 Victoria Johnson, REM
 Dave Koch, Secretary
 Joe Viti, Standards

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Deadline for the July Newsletter is June 30, 2009. Send to: hjoanlyke@yahoo.com or by mail: 7672 Cottonwood Lane, Dexter MI 48130. For more information telephone: 734-426-5099

**SUPERVISORY EDUCATION
IN THE REGION**

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Mark Scheffers
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